



Part 3: Examine their essence.

Look at the three people on your list. What are a few primary roles, titles, or names you give these top three inspiring people on your list? This doesn't have to be the name or title that they would themselves use on a business card. This is more about what you see them as.

Consider what word or words you'd use to introduce each of these people at a dinner party.

My top three	Their titles

Part 4: What are their special powers?

Next, we'll clarify their special powers. An archetype's special power is their strength, talent, or winning formula. It's their way of being that made them successful or stand out to you.

Reflecting on your three people, ask yourself: "What is it about each of these people that makes them great or inspires me?" or, "What are their unique qualities that have made them so impactful?" Don't look for the "right" special power, **look for the one that resonates with you.**

My top three	Their special powers



Part 5: What's their legacy?

Next, we'll get into legacy and impact. This is the difference someone's making in the world. It's the outcome of fully living in alignment with purpose over their entire lifetime. Reflect on your three people and ask yourself: "What is the impact each of these people have had on others or on the world?" "What do they uniquely contribute?" "What would be missing if they weren't here?" Be more general with the impact.

My top three		
Their impact or legacy		

PURPOSE



Part 6: Try it on.

Study the list you generated. Try on each title, special power, and impact that's on your worksheet. Do any feel like you? Pause, and really sit with the qualia of each of the titles, special powers, and impacts.

My top 3	Their title	Their power	Their impact

Check in with your body for a sense of energy, resonance, or alignment. Look for the feeling of familiarity and ease. You can also look like repetition or themes that might emerge. Don't think too hard. Use your intuition, and choose one from each list that feels the most like your purpose and resonates with your soul.

BOX 1 My title	BOX 2 My power	BOX 3 My impact

PURPOSE



Part 7: Your purpose statement

Sit with your statement for a few moments, repeating it to yourself silently like your mantra. Then speak it out loud and feel it in your heart. *If it's resonating with you, then get ready to act on it!*

*I am the
who uses
to*

PURPOSE